

《睇真啲，問一問先！》

你試過對子女有以下的想法嗎？

「慢吞吞」「懶到死」「成日駁嘴」

我們都希望子女進步，有時習慣以既定的角度看待子女，標籤他們的行為。

但標籤無助子女認識自己，同時局限我們對子女的了解，甚至會引起衝突。

評價前，「停一停，睇真啲，問一問」，可能會對他們有不一樣的理解。

鼓勵大家在新一年，嘗試以不同角度看待子女。



Breaking Free from Labels: Embracing Fresh Perspectives on Our Kids!

Ever had these thoughts about your kids?

"Slowpoke" "Lazy bum" "Difficult" "Always arguing"?

We all want our kids to grow, but sometimes we fall into the habit of viewing them through fixed labels. However, labels do not usually help our children understand themselves. They also limit our perspectives on them and can create conflicts.

Prior to making judgments, let us take a moment to pause, observe objectively, and inquire. Doing so may yield a fresh perspective and enhance our comprehension of their actions.

This new year, let's encourage each other to see our children through fresher eyes. With empathy and curiosity, may we gain insights that bring us closer together instead of dividing us.

